

Grab Bag

Item	Check
Medication and Prescriptions	
Tinned or dried food and water	
Pet food	
Basic Cutlery	
Tin opener	
Wind up or battery powered torch and radio	
Spare batteries	
Blankets	
First Aid Kit	
Copies of important documents	
Extra set of house/car keys	
Change of clothing, footwear and sleepwear	
Small amount of cash and change	
Important Contact Details	
Emergency Plan	
Advice Leaflet for Emergencies	
Antibacterial Hand Gel	
Toilet Roll	
Glasses/ Contact Lenses	
Basic Toiletries	
Map of Local Area	
Mobile Phone & Charger	
Pen Knife	



Household Emergency Plan

Preparing you and your family for an emergency

Why prepare for an emergency

Emergencies can happen at anytime and even though we think they may not affect us, we never know what might happen. Emergencies can disrupt our daily lives significantly, but being prepared ahead of time can lessen the impact.

This guide outlines simple steps to help you prepare, a few minutes thinking about it now could make a big difference in helping to keep you and your family safe. You should ensure that everyone in your household knows about the plan and what to do in the event of an emergency.

Preparing yourself for an emergency

The first step is to identify the dangers that are likely to affect your household. This could be things like fire, severe weather, floods and any other possible emergencies. For every danger think of an action that would need to be taken. It's a good idea to discuss these with the whole household as everyone should have an input into this plan.

Danger	Action

Emergency Contact Numbers

Emergency Services	
NHS Direct	
Flu Information Line	
Environment Agency Floodline	
Non-emergency Police enquiries	
Gas Leaks	
Power cuts	
Water Leaks (non household)	
Highways Agency Information Line	
Anti Terrorism Hotline	
Crime Stoppers	
Work 1	
Work 2	
School(s)	
Local Council helplines	
Doctors	
Dentist	
Hospital	
House Insurer	
Car Insurer	
Fire and Rescue (general enquiries)	

Where and how do we turn the following off?

Gas:	
Electricity:	
Water:	

Are there any neighbours who might our help during an emergency?

Name:	
Address:	
Contact Number:	

Name:	
Address:	
Contact Number:	

What to do in an Emergency

The Government have created a guidance document about what to do during an emergency. The "Go in, Stay in, Tune in" slogan was created for emergency situations. The document can be found on the [GOV.uk website](https://www.gov.uk), it's a good idea to have a look at this as it provides some useful information about a range of emergencies.



Please remember that if the danger is inside a building then "Go out, Stay out, Call 999". Do not return to the building until you are told it is safe to do so.

Evacuations

If during an emergency you are evacuated from your home/building then you might be taken to a rest centre. A rest centre is set up by the Local Authority and is a safe place where you can stay until the emergency is over and it is safe for you to return home. It is not compulsory for you to go to the rest centre but you must go to a place that is away from the location of the emergency.



Visitors Guide to facilities



Action Plan

Who can we stay with if we get evacuated from our home?

Contact 1 (Close By):

Name:	
Home number:	
Mobile number:	
Address:	

Contact 2 (Further Away):

Name:	
Home number:	
Mobile number:	
Address:	

If we can't get in contact with each other , where are we going to meet?

Nearby location:	
Outside the immediate area:	

If we can't get to the meeting location, who shall we call to let them know we're safe?

Name:	
Contact Number:	

Who will pick the children up from school, if we can't get there?

Name:	
Contact Number:	

Who will look after our pets for us?

Name:	
Contact Number:	