## Appendix 4

### Children & Young People’s Public Health Profile

#### Risks Factors affecting Mental Health

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Period</th>
<th>England</th>
<th>East of England</th>
<th>Bedford</th>
<th>Cambridgeshire</th>
<th>Central Bedfordshire</th>
<th>Essex</th>
<th>Hertfordshire</th>
<th>Luton</th>
<th>Norfolk</th>
<th>Peterborough</th>
<th>Southend-on-Sea</th>
<th>Suffolk</th>
<th>Thurrock</th>
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</thead>
<tbody>
<tr>
<td>Children under 26 in poverty: % of all dependent children under 20</td>
<td>2011</td>
<td>20.1</td>
<td>16.2</td>
<td>18.6</td>
<td>12.6</td>
<td>12.5</td>
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<td>22.8</td>
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<td>Children under 16 in poverty: % of dependent children under 16</td>
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<td>13.1</td>
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<td>23.6</td>
<td>23.5</td>
<td>15.8</td>
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<tr>
<td>Child Well-being Index: average score</td>
<td>2009</td>
<td>-</td>
<td>-</td>
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<td>99.6</td>
<td>96.1</td>
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<td>191.0</td>
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<tr>
<td>Underweight children (Reception year): % of children</td>
<td>2012/13</td>
<td>0.88</td>
<td>0.75</td>
<td>1.08</td>
<td>0.72</td>
<td>0.46</td>
<td>0.67</td>
<td>0.83</td>
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<td>0.94</td>
<td>0.54</td>
<td>0.74</td>
<td>0.46</td>
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<tr>
<td>Underweight children (Year 6): % of children</td>
<td>2012/13</td>
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<td>1.24</td>
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<td>1.17</td>
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<td>1.14</td>
<td>1.23</td>
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<td>1.78</td>
<td>1.01</td>
<td>1.48</td>
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<td>Obese children (Reception year): % of children</td>
<td>2012/13</td>
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<td>Obese children (Year 6): % of children</td>
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<td>17.8</td>
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<td>18.8</td>
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<td>Under 18 pregnancy: rate of conceptions per 1,000 females aged 15 - 17</td>
<td>2012</td>
<td>27.7</td>
<td>23.2</td>
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<td>Children providing care: % children aged &lt;15 who provide unpaid care</td>
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<td>1.11</td>
<td>1.08</td>
<td>1.08</td>
<td>1.69</td>
<td>1.04</td>
<td>1.06</td>
<td>1.00</td>
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<td>1.01</td>
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<td>1.13</td>
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<td>Young people providing care: % people aged 16-24 who unpaid care</td>
<td>2011</td>
<td>4.8</td>
<td>4.4</td>
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<td>4.4</td>
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<td>Children providing considerable care: % children aged &lt;15 who provide at least 20 hours of care per week</td>
<td>2011</td>
<td>0.21</td>
<td>0.19</td>
<td>0.20</td>
<td>0.19</td>
<td>0.18</td>
<td>0.19</td>
<td>0.16</td>
<td>0.21</td>
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<td>0.14</td>
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<td>Young people providing considerable care: % people aged 16-24 who provide 20+ hours of unpaid care per week</td>
<td>2011</td>
<td>1.3</td>
<td>1.1</td>
<td>1.3</td>
<td>0.9</td>
<td>0.9</td>
<td>1.1</td>
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<td>1.2</td>
<td>1.1</td>
<td>1.4</td>
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<tr>
<td>Traveller children: % school children who are Gypsy/Roma</td>
<td>2013/14</td>
<td>0.25</td>
<td>0.23</td>
<td>0.06</td>
<td>0.64</td>
<td>0.36</td>
<td>0.15</td>
<td>0.11</td>
<td>0.18</td>
<td>0.19</td>
<td>0.63</td>
<td>0.14</td>
<td>0.17</td>
<td>0.32</td>
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<td>Unaccompanied Asylum Seeking Children looked after: count</td>
<td>2012/13</td>
<td>1800</td>
<td>130</td>
<td>*</td>
<td>10</td>
<td>40</td>
<td>35</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
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<td>Family homelessness: rate per 1,000 households</td>
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<td>1.7</td>
<td>1.7</td>
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<td>1.1</td>
<td>1.1</td>
<td>1.6</td>
<td>1.9</td>
<td>5.7</td>
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<td>2.3</td>
<td>1.1</td>
<td>1.4</td>
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<td>Lone parents households: % of households that have lone parents with dependent children</td>
<td>2011</td>
<td>7.1</td>
<td>6.2</td>
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<td>4.9</td>
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<td>8.2</td>
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<td>7.9</td>
<td>6.6</td>
<td>5.9</td>
<td>7.6</td>
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<tr>
<td>Families out of work: % of households with dependent children where no adult is in employment</td>
<td>2011</td>
<td>4.2</td>
<td>3.4</td>
<td>3.9</td>
<td>2.5</td>
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<td>3.4</td>
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<td>4.1</td>
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<td>6.0</td>
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<tr>
<td>Families with health problems: % of households with dependent children where at least one person has a long term health problem or disability</td>
<td>2011</td>
<td>4.02</td>
<td>4.28</td>
<td>4.80</td>
<td>3.90</td>
<td>4.34</td>
<td>4.19</td>
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<td>5.38</td>
<td>4.49</td>
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<tr>
<td>Domestic abuse: incident rate per 1,000 population</td>
<td>2012/13</td>
<td>10.8</td>
<td>16.5</td>
<td>17.4</td>
<td>17.8</td>
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<td>17.8</td>
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<tr>
<td>Parents in drug treatment: rate per 100,000 children 0 - 15</td>
<td>2011/12</td>
<td>119.4</td>
<td>86.3</td>
<td>139.2</td>
<td>84.2</td>
<td>85.4</td>
<td>72.3</td>
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<td>94.0</td>
<td>129.3</td>
<td>165.7</td>
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<td>174.4</td>
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<td>Parents in alcohol treatment: rate per 100,000 children 0 - 15</td>
<td>2011/12</td>
<td>147.2</td>
<td>121.7</td>
<td>132.9</td>
<td>77.1</td>
<td>96.4</td>
<td>+</td>
<td>116.1</td>
<td>149.6</td>
<td>177.6</td>
<td>193.4</td>
<td>132.5</td>
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### Estimated prevalence of mental health issues

<table>
<thead>
<tr>
<th>Indicator</th>
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<tbody>
<tr>
<td>Estimated prevalence of any mental health disorder: % population aged 5-16</td>
</tr>
<tr>
<td>Estimated prevalence of emotional disorders: % population aged 5-16</td>
</tr>
<tr>
<td>Estimated prevalence of conduct disorders: % population aged 5-16</td>
</tr>
<tr>
<td>Estimated prevalence of hyperkinetic disorders: % population aged 5-16</td>
</tr>
<tr>
<td>Prevalence of potential eating disorders among young people: Estimated number of 16 - 24 year olds</td>
</tr>
<tr>
<td>Prevalence of ADHD among young people: Estimated number of 16 - 24 year olds</td>
</tr>
<tr>
<td>Children who require Tier 3 CAMHS: estimated number of children &lt;17</td>
</tr>
<tr>
<td>Children who require Tier 4 CAMHS: estimated number of children &lt;17</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Period</th>
<th>England</th>
<th>East of England</th>
<th>Cambridgeshire</th>
<th>Central Bedfordshire</th>
<th>Essex</th>
<th>Hertfordshire</th>
<th>Luton</th>
<th>Norfolk</th>
<th>Peterborough</th>
<th>Southend-on-Sea</th>
<th>Suffolk</th>
<th>Thurrock</th>
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<tbody>
<tr>
<td>Estimated prevalence of emotional disorders: % population aged 5-16</td>
<td>2013</td>
<td>3.7*</td>
<td>3.4*</td>
<td>3.5*</td>
<td>3.3*</td>
<td>3.4*</td>
<td>3.2*</td>
<td>3.7*</td>
<td>3.8*</td>
<td>3.6*</td>
<td>3.5*</td>
<td>3.7*</td>
<td>3.7*</td>
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<tr>
<td>Estimated prevalence of conduct disorders: % population aged 5-16</td>
<td>2013</td>
<td>5.0*</td>
<td>5.3*</td>
<td>5.5*</td>
<td>5.0*</td>
<td>5.0*</td>
<td>5.2*</td>
<td>4.6*</td>
<td>6.1*</td>
<td>5.7*</td>
<td>6.1*</td>
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<td>5.5*</td>
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<tr>
<td>Estimated prevalence of hyperkinetic disorders: % population aged 5-16</td>
<td>2013</td>
<td>1.5*</td>
<td>1.4*</td>
<td>1.5*</td>
<td>1.3*</td>
<td>1.4*</td>
<td>1.3*</td>
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<td>1.5*</td>
<td>1.5*</td>
<td>1.5*</td>
<td>1.6*</td>
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<tr>
<td>Prevalence of potential eating disorders among young people: Estimated number of 16 - 24 year olds</td>
<td>2013</td>
<td>*</td>
<td>*</td>
<td>-</td>
<td>2300*</td>
<td>9956*</td>
<td>3374*</td>
<td>19237*</td>
<td>15548*</td>
<td>3460*</td>
<td>12110*</td>
<td>2709*</td>
<td>2324*</td>
</tr>
<tr>
<td>Prevalence of ADHD among young people: Estimated number of 16 - 24 year olds</td>
<td>2013</td>
<td>*</td>
<td>*</td>
<td>-</td>
<td>2300*</td>
<td>10238*</td>
<td>3696*</td>
<td>20424*</td>
<td>16373*</td>
<td>3670*</td>
<td>12763*</td>
<td>2889*</td>
<td>2488*</td>
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<tr>
<td>Children who require Tier 3 CAMHS: estimated number of children &lt;17</td>
<td>2012</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>607</td>
<td>2230</td>
<td>1090</td>
<td>6490</td>
<td>4740</td>
<td>900</td>
<td>3070</td>
<td>835</td>
<td>700</td>
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<tr>
<td>Children who require Tier 4 CAMHS: estimated number of children &lt;17</td>
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<td>-</td>
<td>-</td>
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<td>100</td>
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<td>195</td>
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<td>125</td>
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### Hospital admissions related to mental health issues

<table>
<thead>
<tr>
<th>Indicator</th>
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</thead>
<tbody>
<tr>
<td>Child admissions for mental health: rate per 100,000 aged 6-17 years</td>
</tr>
<tr>
<td>Young people hospital admissions for self-harm: rate per 100,000 aged 10 - 24</td>
</tr>
<tr>
<td>Child hospital admissions due to alcohol specific conditions: rate per 100,000 aged under 18</td>
</tr>
<tr>
<td>Young people hospital admissions due to substance misuse: rate per 100,000 aged 15 - 24</td>
</tr>
<tr>
<td>Child hospital admissions for unintentional and deliberate injuries: rate per 10,000 children 0-14</td>
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<tr>
<td>Young people hospital admissions for unintentional and deliberate injuries: rate per 10,000 young people 15-24</td>
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</table>

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Period</th>
<th>England</th>
<th>East of England</th>
<th>Cambridgeshire</th>
<th>Central Bedfordshire</th>
<th>Essex</th>
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<th>Suffolk</th>
<th>Thurrock</th>
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</thead>
<tbody>
<tr>
<td>Child admissions for mental health: rate per 100,000 aged 6-17 years</td>
<td>2012/13</td>
<td>87.6</td>
<td>77.5</td>
<td>63.7</td>
<td>82.9</td>
<td>94.5</td>
<td>76.5</td>
<td>56.3</td>
<td>87.9</td>
<td>98.5</td>
<td>77.9</td>
<td>183.9</td>
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<tr>
<td>Young people hospital admissions for self-harm: rate per 100,000 aged 10 - 24</td>
<td>2010/11 - 12/13</td>
<td>352.3</td>
<td>276.3</td>
<td>314.4</td>
<td>377.3</td>
<td>246.5</td>
<td>221.1</td>
<td>212.0</td>
<td>211.4</td>
<td>322.5</td>
<td>560.6</td>
<td>260.6</td>
<td>341.0</td>
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<td>Child hospital admissions due to alcohol specific conditions: rate per 100,000 aged under 18</td>
<td>2010/11 - 12/13</td>
<td>42.7</td>
<td>26.8</td>
<td>31.6</td>
<td>31.3</td>
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<td>27.7</td>
<td>19.7</td>
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<td>31.9</td>
<td>43.9</td>
<td>27.7</td>
<td>27.8</td>
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<tr>
<td>Young people hospital admissions due to substance misuse: rate per 100,000 aged 15 - 24</td>
<td>2010/11 - 12/13</td>
<td>75.2</td>
<td>51.0</td>
<td>83.0</td>
<td>83.1</td>
<td>54.7</td>
<td>50.8</td>
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<td>52.9</td>
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<td>57.9</td>
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<td>Child hospital admissions for unintentional and deliberate injuries: rate per 10,000 children 0-14</td>
<td>2012/13</td>
<td>103.8</td>
<td>91.3</td>
<td>86.9</td>
<td>82.4</td>
<td>89.9</td>
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<td>93.0</td>
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<td>83.7</td>
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<td>Young people hospital admissions for unintentional and deliberate injuries: rate per 10,000 young people 15-24</td>
<td>2012/13</td>
<td>130.7</td>
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### Social Care

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</thead>
<tbody>
<tr>
<td>Children in need: Rate of children in need during the year, per 10,000 aged &lt;18</td>
<td>2012/13</td>
<td>64.6</td>
<td>63.7</td>
<td>75.4</td>
<td>39.9</td>
<td>576</td>
<td>453</td>
<td>462</td>
<td>741</td>
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<td></td>
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<td>826</td>
<td>649</td>
<td>576</td>
<td>780</td>
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<tr>
<td>New cases of children in need</td>
<td>2012/13</td>
<td>346.6</td>
<td>267.7</td>
<td>492.4</td>
<td>190.9</td>
<td>337.2</td>
<td>265.5</td>
<td>265.4</td>
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<td></td>
<td>493.0</td>
<td>241.9</td>
<td>364.5</td>
<td>431.6</td>
<td></td>
</tr>
<tr>
<td>Children in need due to abuse, neglect or family dysfunction: % of children in need</td>
<td>2012/13</td>
<td>65.3</td>
<td>67.0</td>
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<td>Repeat child protection cases: % of children who became subject of a child protection plan for a second or subsequent time</td>
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<td>Children leaving care: Rate per 10,000 &lt;18 population</td>
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<td>First time entrants to the youth justice system rate per 100,000 aged 10 - 17</td>
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<td>462</td>
<td>381</td>
<td>376</td>
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<td>547</td>
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### Appendix 4

**Children & Young People’s Public Health Profile**

### Social Care Spend

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<th>East of England</th>
<th>Bedford</th>
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<tr>
<td>Spend (£000s) on Local Authority services (excluding education): rate per 10,000 0-17</td>
<td>2012/13</td>
<td>7778</td>
<td>6711</td>
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<td>Spend (£000s) on Sure Start Children's Centres and early years: rate per 10,000 0-17</td>
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<td>Spend (£000s) on Children looked after: rate per 10,000 0-17</td>
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<td>Spend (£000s) on Safeguarding children and young people’s services: rate per 10,000 0-17</td>
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### Education

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<th>Southend-on-Sea</th>
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<th>Thurrock</th>
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<td>School Readiness: % of children achieving a good level of development at the end of reception</td>
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<td>Pupils with SEN on School Action: % of all school age pupils on School Action</td>
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### Children & Young People’s Public Health Profile

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<tr>
<td>Fixed period exclusion due to persistent disruptive behaviour: % of school pupils</td>
<td>2012/13</td>
<td>0.033</td>
<td>0.064</td>
<td>0.074</td>
<td>0.086</td>
<td>0.177</td>
<td>0.106</td>
<td>0.094</td>
<td>0.067</td>
<td>0.065</td>
<td>0.107</td>
<td>0.151</td>
<td>0.043</td>
<td>0.056</td>
</tr>
<tr>
<td>16-19 year olds not in education, employment or training</td>
<td>2013</td>
<td>5.3</td>
<td>5.1</td>
<td>6.2</td>
<td>4.2</td>
<td>4.3</td>
<td>4.9</td>
<td>4.1</td>
<td>5.0</td>
<td>5.3</td>
<td>6.7</td>
<td>6.2</td>
<td>6.2</td>
<td>5.4</td>
</tr>
<tr>
<td>Planned spend (£000s) on special schools spend per 100,000 pupils</td>
<td>2013/14</td>
<td>2565</td>
<td>0</td>
<td>1893</td>
<td>985</td>
<td>2435</td>
<td>1071</td>
<td>1106</td>
<td>2320</td>
<td>4099</td>
<td>2075</td>
<td>1828</td>
<td>3458</td>
<td></td>
</tr>
</tbody>
</table>